



# Newsletter

2nd Edition

OCTOBER-DECEMBER 2022

## "Abhyudaya"

### GOVERNMENT GIRLS POLYTECHNIC ALMORA

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#### PRINCIPAL'S DESK



#### VISION

To groom students into technically sound individuals with high ethical standards committed towards the vision of self reliance.

#### MISSION

M1:Imparting quality,employment oriented,modern technical education.  
M2:Inculcating the spirit of entrepreneurial professionalism.  
M3: Remaining relevant to welfare of the nation and mankind.

Dear Readers

Welcome to the second quarterly edition of our newsletter "Abhyudaya".As the academic session progressed we witnessed a series of curricular, co-curricular and extra-curricular activities in our institute. I really feel fortunate to work with such a dedicated, dynamic, innovative and efficient team that is devoted towards consistent and ethical grooming of students in today's fast moving world. As we progressed with our assessing tools like the class tests and assignments the teachers revised their teaching methodologies after a lot of brainstorming to cater to the individual needs of the students keeping in pace with the ongoing trends in the industry.

My sincerest wishes for a long and healthy life to Mr. Hari Singh Ji on his superannuation. I welcome Mr. R P Gupta Ji as Director Uttarakhand Technical Education .We are sure to gain a lot from his experience & expertise and hope to excel in all the spheres under his guidance.

With our constant endeavor to ensure that every student achieves her full potential we have stepped into the New Year.

Rekha Aswal  
Principal

# GANDHI JAYANTI & SHASTRI JAYANTI

Gandhi Jayanti and Shastri Jayanti were celebrated with great pomp in the institution on 2nd October 2022. On this occasion, the Principal paid tribute to 'Father of the nation' Gandhiji and 'Shantidoot' Lal Bahadur Shastriji. Principal and other speakers motivated the students to follow their ideals .



Thereafter Ram Dhun was sung and *shramdaan* was done in the premises by the Principal, staff members and students .Cleanliness Campaign was extensively carried out in the institute from 02/10/2022 under the “Swachachata Mah” organized in the month of October.

## PROGRAMS & EVENTS

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### ECBC WORKSHOP (UREDA)



A two day workshop on “Energy Conservation Building Code”(ECBC) was organized by Uttarakhand Renewable Development Agency”(UREDA) from 11/10/2022 to 12/10/2022. A Quiz competition on "Optimum and Judicious use of Renewable Energy Resources" was organized by UREDA. The winners were felicitated. The organizers motivated the staff and students to switch over to energy saving and renewable resources of energy.

### EAT RIGHT ,STAY FIT AWARENESS PROGRAM

Under the “Eat Right India” Movement a district level workshop was conducted in the guidance of NSS district co-ordinator Mr. Bhartendu Joshi on 19/12/2022. A team of doctors from SSJ Medical College Almora gave a presentation on healthy food habits .CMO Almora ,Dr. R C Pant in his lecture emphasized on the importance of mental health in present scenario.



## EXPERT LECTURES

An online Expert Lecture on “Report Writing & Project Management” was delivered by Mr.Saurabh Joshi , co-founder of Cafal Advisors,Dehradun which was jointly organized by GP Chynalisaur and GGP Almora on 25/11/2022.

An Online Training on “Basic Management & Skills” was delivered by Mr. Nagendra Singh Rawat under the aegis of ISTE Student Chapter. This was also organized jointly on 30/11/2022 by G P Chynalisaur and GGP Almora.



## INDUSTRIAL VISIT



Students were taken for an industrial visit to PTCUL, Almora on 22/12/2022.

Another industrial visit was organized to UPCL, Almora on 23/12/2022.

The students were acquainted with the basics of power transmission. It was an enriching exposure for the students.

## UTTRAKHAND FOUNDATION DAY

Uttarakhand Foundation Day was celebrated with great enthusiasm in the institute. The feast of events divided into various categories and we all witnessed a healthy competition among the four houses Ajanta, Ellora, Nalanda, Takshashila. The final events were preceded with the short listing of three finalist from each house.



## FRESHER'S PARTY



A fresher's party was organized by the seniors for the newcomers. The girls participated in the party with great enthusiasm to carry the legacy of strong bonds between the seniors and juniors that often continues lifelong.

## ANNUAL SPORTS 2022



Annual Sports were organized in the institute from 7/12/2022 to 8/12/2022 .Mr. Shirish Kumar, Director Patwari Training Centre, Almora was the chief guest of the inaugural function. Mr. Shirish emphasized on the importance of sports culture in our day to day life. A series of sports events like track and field events , indoor games and cultural programmes were organised during these days. The girls participated in all the events with great fervor and enthusiasm



## PROGRAMS & EVENTS

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### ANNUAL SPORTS 2022



The chief guest for the closing ceremony was Mr. Ashok Bisht, Branch Manager, Canara Bank Almora. Staff and students were honoured by his presence. Cultural programmes like Group Folk Dance, Solo Dance etc. were organized in the closing ceremony. A friendly Tug of War match was organized between Takshashila & Nalanda House. Nalanda House was the winner. Championship Trophy was won by Ms. Meenakshi Tiwari student of IT first year. House Championship Trophy was won by TAKSHASHILA HOUSE.



### WOMEN SAFETY AWARENESS PROGRAM

A team of Police Women Cell from Mahila Thana Almora conducted a workshop in the institute on 15 December 2022. Ms Barkha Kanyal SI Mahila Thana Almora emphasized on the importance of women safety and directed all the girls and female staff to download UK Police App. She told the students to push SOS button in the App in case of any threat. The alarm shall trace the location of the complainant/victim using GPS and rescue the complainant or take appropriate action.



### MENSTRUATIONAL HYGIENE AWARENESS PROGRAM

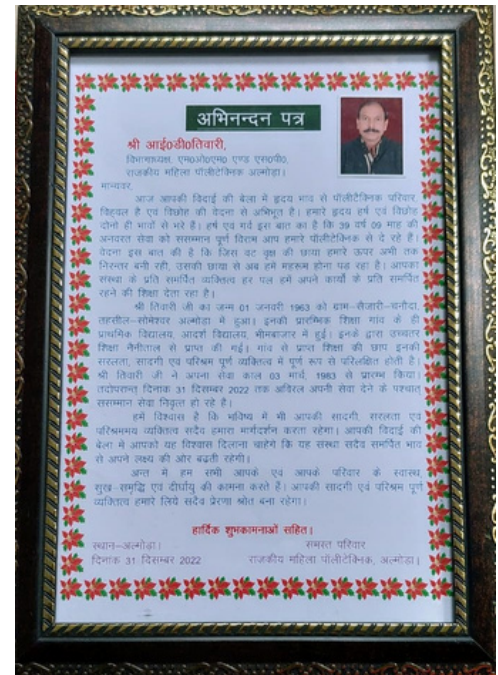


An Awareness Program on menstruational Hygiene was conducted by the community medicine department of SSJ Medical College Almora . Along with the medical aspects related to menstruation, social taboos and need to break them was discussed and presented in the form of documentary by Mr. Aashish Pant, Research Scholar of SSJ University Almora .

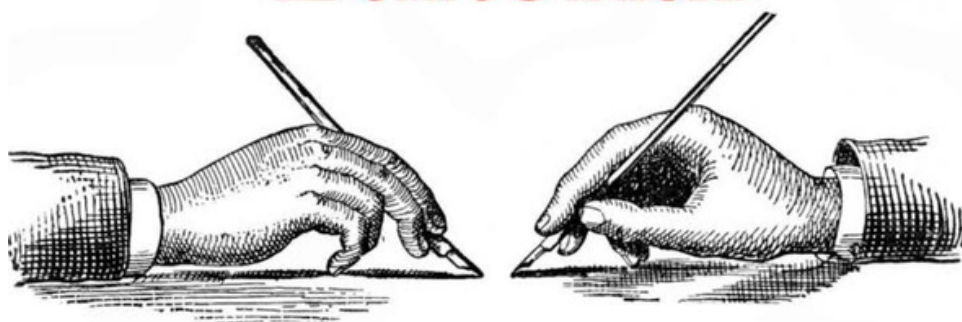


## SUPERANNUATION CEREMONY

A grand farewell was given to Mr.ID Tewari ,HOD MOM&SP on his superannuation.The staff and the students shared their pleasant memories with Mr.I D Tewari through presentation to commemorate his successful personal and professional journey of 39 years. We wish Mr. I.D Tewari a hale and happy life hereafter.



# Editorial



**Dr Shubha Pokhariya(HOD Basic Sciences)**  
**Dr Shalini Sharma(Lecturer,Mathematics)**  
**Mrs Pratibha Arya(Lecturer,Physics)**  
**Ms Deepa Mahra(Lecturer,CSE)**  
**Mr Krishan Mohan Pandey(WI)**